

Course Outline for: HLTH 1103 CPR and Advanced First Aid**A. Course Description:**

1. Number of credits: 2
2. Lecture hours per week: 2
3. Prerequisites: None
4. Corequisites: None
5. MnTC Goals: None

Healthcare professionals possess a wide range of skills and knowledge to perform CPR, use Automated External Defibrillators (AEDs), and provide First Aid to help individuals facing life-threatening emergencies until the Emergency Medical System arrives at the scene. Through hands-on experience in realistic scenarios, students develop the confidence and competence needed to respond effectively to medical emergencies.

B. Date last reviewed/updated: October 2026**C. Outline of Major Content Areas:**

1. First aid basics
2. Medical emergencies
3. Injury emergencies
4. Environmental emergencies
5. CPR and AED use

D. Course Learning Outcomes:

1. Perform primary and secondary patient assessments.
2. Demonstrate first aid skills.
3. Demonstrate CPR skills at the American Heart Association Heart Saver level.
4. Demonstrate AED skills at the American Heart Association Heart Saver level.

E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

1. Quizzes and exams
2. Participation in class activities
3. Assignments

F. Special Information:

None